Carvalho Judo & Brazilian Jiu-Jitsu Academy

20545 SW 5th Place, Dunnellon, FL 34431

(844) JUDO-BJJ

Sensei Edson Carvalho 8th Degree Brazilian Jiu-Jitsu Black Belt & 7th Degree Judo Black Belt



Welcome to Team Carvalho Academy

It is our mission to help you achieve whatever goals you may have. Whether you want to become a Brazilian Jiu-Jitsu or Judo champion, MMA fighter, or just want to get in great shape while learning a fun and effective martial art and how to defend yourself. We have successfully produced BJJ and Judo champions along with MMA champions and will discuss with you upon joining what your short and long term goals are.

Here at Team Carvalho we stress training both ground and standing. While it is a proven fact that most all fights go to the ground...they all start standing. Only learning ground techniques is only learning half of the fight. We stress throwing your opponent to transition to the ground.

Our academy environment is friendly and welcoming, however we train hard to develop mind, body, and spirit as the greatest fight is not against our opponent but within ourselves to continually push harder and outside of our boundaries.

At the end of the day...we are a family.

FREE TRIAL CLASS

Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Judo and Brazilian Jiu-Jitsu							
Kids Judo Recreation Ages 4-7	5:30 - 6:00 PM	5:30 - 6:00 PM	Paused	5:30 - 6:00 PM			
Juniors Judo/BJJ Intro Ages 8-12	6:00 - 7:00 PM	6:00 - 7:00 PM	Paused	6:00 - 7:00 PM			
Teens/ Adults Judo & Brazilian Jiu-Jitsu	7:00 - 8:30 PM	7:00 - 8:30 PM		Gi/No-Gi 7:00 - 8:30 PM	Judo 7:00 - 8:00 PM (1st & 3rd Friday)		
Teens/Adults No-Gi BJJ/MMA			Paused	Gi/No-Gi 7:00 - 8:30 PM	No-Gi 7:00 - 8:00 PM (2nd & 4th Friday)		
HomeSchoolers Judo & Brazilian Jiu-Jitsu		10:45 AM -11:45 AM		10:45 AM -11:45 AM			
Kids After School Judo Recreation ages 4-7		Coming soon 3:00 PM - 3:30PM		Coming soon 3:00 PM - 3:30PM			
Kids After School Judo & Brazilian Jiu-Jitsu ages 8-12		Coming soon 3:30 PM - 4:30 PM		Coming soon 3:30 PM - 4:30 PM			
Funtime Fitness 4 Toddlers ages 2-3		Coming soon 4:45 PM - 5:15PM		Coming soon 4:45 PM - 5:15PM			
Judo & Brazilian Jiu-Jitsu Recreation 4 Kids w/Special Needs			Coming soon 4:00 - 4:45 PM				
Carvalho Fitness							
Fitness Classes For all levels	9:30 - 10:30 AM	9:30 - 10:30 AM		9:30 - 10:30 AM			

Improve the quality of your life!